

# Lauren's First and Goal Foundation

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## Newsletter

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Founded in 2004, LFG is a 501c3 charitable organization. Donations are tax deductible to the fullest extent of the law.

## LFG's Manual of Football Drills and Skills Released

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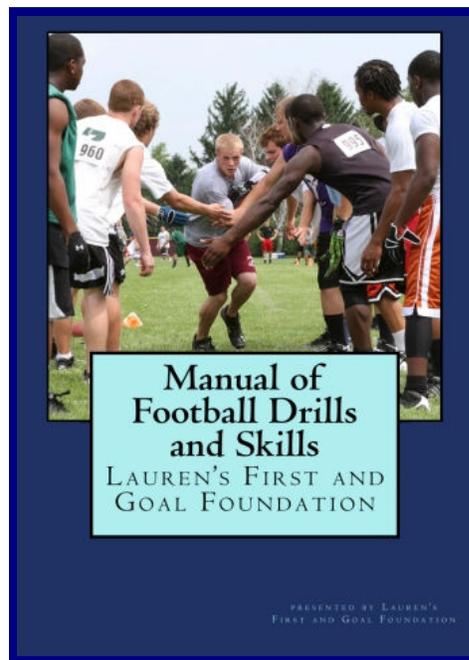


Football coaches everywhere will benefit from the same techniques used by top college and professional teams that are featured in the *Manual of Football Drills and Skills*, released in May by Lauren's First and Goal Foundation.

*Manual of Football Drills and Skills* is designed to provide coaching ideas from the best in the profession while increasing awareness of pediatric brain tumors and raising funds to help find a cure. All of the material, including drills for game-management, strength and conditioning, offense, defense and special teams, was contributed by more than 130 volunteer coaches from Division I, II and III and the professional ranks. Coaches from nearly all of the nation's major conferences submitted information for this book. "I want to thank every coach that took the time to share drills and strategies that make their programs successful," said LFG founder John Loose, who is the defensive coordinator at Lafayette College. "This manual is a tremendous resource for football coaches at any level of the game."

All proceeds from the sale of *Manual of Football Drills and Skills* go directly to Lauren's First and Goal Foundation to support its mission. The book is the second published by the Foundation to date. Information about the newest LFG publication can be

found on the LFG website. In addition, *Manual of Football Skills and Drills* can be purchased online at [www.createspace.com/3594267](http://www.createspace.com/3594267).



The *Manual of Football Drills and Skills* publication is a collaborative project made possible through the efforts of hundreds of volunteers. Special thanks are extended to the volunteer photographers, Mike Garner and Brielle Messerschmidt, whose talents have made this project complete.

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# Football Camps Tremendous Successes

## PA Camp Raises Over \$80,000

The eighth annual Lauren’s First and Goal Football Camp PA held on Sunday, June 5 at Lafayette College set camp records for number of players registered and camper donations. More than 1,900 high school student-athletes received instruction in a variety of offensive and defensive skills from almost 300 college coaches representing 100 programs from around the country. UConn head coach Paul Pasqualoni was the featured guest speaker and addressed the athletes, who came from 16 different states and Singapore. Camper donations raised a record \$80,000 this year.

“We are so thankful to the hundreds of volunteers who dedicated their time and efforts to make the camp a success, from the Lafayette grounds crew, to the members of the Easton community who embrace the camp by volunteering, donating food, services and parking spaces, to the many current and former members of the Lafayette football team who returned to Easton to work all weekend in setting up and assisting on the day of the camp,” said LFG founder Marianne Loose.



*Teamwork in Pennsylvania. Photo by Brielle Messerschmidt*

### Pennsylvania Football Camp Numbers

1,929 registered campers  
261 coaches representing 107 institutions

### Ohio Football Camp Numbers

384 registered campers  
83 coaches representing 34 institutions



*Campers in action in Ohio. Photo by Ali Wenger.*

## NY’s 7 on 7 Passing Tourney

LFG Foundation and the National Football Foundation joined forces to host the Second Annual 7 on 7 Passing Tournament for 22 high school teams in Massapequa, NY on July 16. Amityville High School defeated Freeport in the Burns Park Division finals and Roosevelt High School took the championship trophy in the Field of Dreams Division defeating William Floyd. Special thanks to the National Football Foundation and Mr. Lou Bonnanzio for their cooperation in making the event such a huge success.

## 14 States Represented in OH

Nearly 400 student-athletes, representing 14 states flocked to central Ohio’s Otterbein University and participated in the second annual Lauren’s First and Goal Football Camp on Sunday, June 26. The event, which welcomed high school players, raised more than \$13,000 for pediatric brain tumor research.

During the one-day camp, players received instruction in a variety of offensive and defensive skills from college coaches from around the country. More than 80 coaches representing colleges and universities from Ohio and neighboring states volunteered at the event. Ohio State Alumni Association President and two-time Heisman Trophy winner Archie Griffin was the featured guest speaker, stressing the importance of a college education to the crowd.

“The coaches, trainers, Otterbein players and all of the volunteers organized a great camp,” said LFG founder and Lafayette College defensive coordinator John Loose. “The event Otterbein University has helped orchestrate over the past two years will continue to grow to become a huge success in the future.”

# The Circle of Strength Expands



The beautiful swelling ripples of Lauren’s Circle of Strength continue to reach further this year as more amazing people help to support LFG’s mission. The following stories are just a few examples.

A native of Pennsylvania and a brain tumor survivor, Wen Schmitz made 32 pairs of earrings related to Chakras colors as part of her Karma Project for her Yoga Teacher Training. She donated all of the proceeds to Lauren’s First and Goal to help others who are living with a brain tumor diagnosis.

Amanda MacPeek and the generous staff at Odyssey Fitness hosted a Body Combat class as a fundraiser for LFG in April. About 60 people participated and helped raise \$750.

Led by Hannah Hart and her family, students at Warren County Vocational High School Key Club donated paper goods items to be used at the PA football camp. Special thanks to the entire Hart family - Hannah, Olivia, Amelia, Karen and Chris - for all their work in collecting the items and for the hours spent volunteering at the camp.

The Lafayette College Student Athlete Advisory Committee sponsored the Hope is Here to Stay 5K in the spring that raised \$2,610. Thanks to all of the tremendous athletes, the Lafayette community and the group from the Easton Area Middle School and the Freedom High School girls soccer team for their continued support.

Two big-hearted little ones will certainly inspire you! Nine-year-old Aiden and his sister (pictured above with Lauren and their Dad) have a very fun family, led by a great grandfather who loves to set up competitions at family gatherings with cash prizes! At the last gathering, Aiden’s expert penny throwing earned him a crisp \$100 bill, which he had been saving all spring to present to Lauren at the Ohio football camp in June. Addison had also been collecting her money earned by helping her family with household chores to donate to LFG. Thank you sweet Aiden and Addison for being two wonderful and generous members of Lauren’s Circle of Strength.



Lauren and Coach Pasqualoni (above)



Archie Griffin (above, photo by Ali Wenger)

## Pasqualoni & Griffin Speak to LFG Campers

Lauren’s First and Goal Foundation was proud to have University of Connecticut football coach Paul Pasqualoni be the featured guest speaker at its annual Lauren’s First and Goal Football Camp PA on Sunday, June 5 at Lafayette College and Archie Griffin, the two-time Heisman Trophy winner, be the featured guest speaker at its annual Lauren’s First and Goal Football Camp OH on Sunday, June 26 at Otterbein University.

Pasqualoni was named UConn’s head coach in January after spending the past six years in the NFL. He had two coaching stints over four seasons with the Dallas Cowboys, including this past season as defensive coordinator. In between his time in Dallas, Pasqualoni spent two years as the Miami Dolphins defensive coordinator. In addition to his NFL experience, Pasqualoni finished his 14-year tenure at Syracuse as the program’s second-winningest coach with 107 victories. He guided the Orange to four Big East conference titles, including a share of one in 2004 - his final year at SU.

A three-time All-American at Ohio State University, Griffin was a first-round draft choice of the Cincinnati Bengals in 1976. He served as co-captain and played with the franchise for seven years before returning to Ohio State, where he now is Senior Vice President for Alumni Relations and President and CEO of the Ohio State Alumni Association. In 2006, Griffin was listed in NCAA’s “100 Most Influential Student-Athletes” and was appointed to the National Football Foundation & College Hall of Fame Board of Directors.

In addition, Griffin is very active in the community and with numerous charitable organizations. He and his wife Bonita formed the Archie and Bonita Griffin Foundation Fund that helps develop sports, educational, and travel programs for youth in central Ohio. He also is the spokesperson for the Wendy’s High School Heisman Program. Lauren’s First and Goal Foundation is very appreciative that both gentlemen agreed to volunteer to speak to campers and their families at this year’s camps.



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